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Myers-Briggs Type Indicator:
The Key to Understanding Your Personality Type for Career Management
Wednesday, March 21, 2018
9:00 a.m. – 12:00 noon
Registration begins at 8:30 a.m.

The Myers-Briggs Type Indicator (MBTI) is a powerful tool that helps people identify their unique gifts. It enhances the understanding of their motivations, natural strengths, and potential areas for growth. Knowing one's MBTI type helps people be more self-aware, especially for where they focus their energy, gather information, make decisions regarding how these preferences affect their approach to work, life, and the best career fit. When people know their MBTI types in an organizational setting, it often takes the mystery out of why they and coworkers act the way they do. In a team setting, it helps members assess their strengths and blind spots in a nonjudgmental way.

The workshop includes:

- Providing each individual with their MBTI results
- How to use MBTI for Job Development
- Explaining the 16 different MBTI types, and the gifts and challenges of each
- Using exercises that illustrate the different preferences and how people may react differently to the same situations
- Using real-life examples from the participants to illustrate how their type may enhance or strain relationships with their colleagues
- Explaining Myers-Briggs temperaments, which can be an effective shorthand method of understanding personality similarities and differences
- Providing written materials that the participants take with them

Speaker: Julie Myers is an organization development consultant and coach. Her consulting work focuses on team development, effective communication, consensus building and group facilitation. As a trained Rockport Institute career coach, much of her coaching is helping clients find careers that fit. She holds a Master's degree in Organization Development from the American University/NTL Institute.

Name _____ Title _____	
Organization _____ Email _____	
Address _____ City _____ State _____ Zip _____	
Phone ____/____/____ Fax ____/____/____	___Member @ \$100.00 (\$95 for each additional attendee) (Fee includes MBTI instrument and interpretation booklets) ___Non-Member @ \$130.00 (Fee includes MBTI instrument and interpretation booklets)
Method of payment ___ Visa ___ Mastercard ___ Check enclosed (payable to Maryland Works, Inc)	
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Deadline for special needs is two weeks prior to program date	